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Nutrition, Nutritional Status and Functionality

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Discussion Research ID	DPR-2026-1437
Year	2023
Field	Medicine
DOI	10.3390/nu15081944
Author ORCID	0000-0002-6522-8896
Licence	CC-BY
Original source	Nutrients
Permanent link	https://discussionpublishers.com/research/096d3ca8-79f3-4285-902b-6deab4050718
Publisher	Discussion Publishers discussionpublishers.com

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Cite as: Diego FernndezLzaro, Jess SecoCalvo (2023). Nutrition, Nutritional Status and Functionality. Discussion Publishers, DPR-2

Abstract

A good quality of life means obtaining adequate nutrition and regular physical activity [...].

Keywords: nutrition, nutritional status, functionality, quality of life, physical activity

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Original record: https://doi.org/10.3390/nu15081944
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